

The Five Love Languages Assessment for Singles

1.

- A. I like to receive notes of affirmation.
- B. I like to be hugged.

2.

- A. I like to spend one-to-one time with a person who is special to me.
- B. I feel loved when someone gives practical help to me.

3.

- A. I like it when people give me gifts.
- B. I like leisurely visits with friends and loved ones.

4.

- A. I feel loved when people do things to help me.
- B. I feel loved when people touch me.

5.

- A. I feel loved when someone I love or admire puts his or her arm around me.
- B. I feel loved when I receive a gift from someone I love or admire.

6.

- A. I like to go places with friends and loved ones.
- B. I like to high-five or hold hands.

7.

- A. Visible symbols of love (gifts) are very important to me.
- B. I feel loved when people affirm me.

8.

- A. I like to sit close to people whom I enjoy being around.
- B. I like for people to tell me I am attractive/handsome.

9.

- A. I like to spend time with friends and loved ones.
- B. I like to receive little gifts from friends and loved ones.

10.

- A. Words of acceptance are important to me.
- B. I know someone loves me when he or she helps me.

11.

- A. I like being together and doing things with friends and loved ones.
- B. I like it when kind words are spoken to me.

12.

- A. What someone does affects me more than what he or she says.
- B. Hugs make me feel connected and valued.

13.

- A. I value praise and try to avoid criticism.
- B. Several small gifts mean more to me than one large gift.

14.

- A. I feel close to someone when we are talking or doing something together.
- B. I feel closer to friends and loved ones when they touch me often.

15.

- A. I like for people to compliment my achievements.
- B. I know people love me when they do things for me that they don't enjoy doing.

16.

- A. I like to be touched as friends and loved ones walk by.
- B. I like it when people listen to me and show genuine interest in what I am saying.

17.

- A. I feel loved when friends and loved ones help me with jobs or projects.
- B. I really enjoy receiving gifts from friends and loved ones.

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18.

- A. I like for people to compliment my appearance.
- B. I feel loved when people take time to understand my feelings.

19.

- A. I feel secure when a special person is touching me.
- B. Acts of service make me feel loved.

20.

- A. I appreciate the many things that special people do for me.
- B. I like receiving gifts that special people make for me.

21.

- A. I really enjoy the feeling I get when someone gives me undivided attention.
- B. I really enjoy the feeling I get when someone does some act of service for me.

22.

- A. I feel loved when a person celebrates my birthday with a gift.
- B. I feel loved when a person celebrates my birthday with meaningful words.

23.

- A. I know a person is thinking of me when he or she gives me a gift.
- B. I feel loved when a person helps with my chores.

24.

- A. I appreciate it when someone listens patiently and doesn't interrupt me.
- B. I appreciate it when someone remembers special days with a gift.

25.

- A. I like knowing loved ones are concerned enough to help with my daily tasks.
- B. I enjoy extended trips with someone who is special to me.

26.

- A. I enjoy kissing or being kissed by people with whom I am close.
- B. Receiving a gift given for no special reason excites me.

27.

- A. I like to be told that I am appreciated.
- B. I like for a person to look at me when we are talking.

28.

- A. Gifts from a friend or loved one are always special to me.
- B. I feel good when a friend or loved one touches me.

29.

- A. I feel loved when a person enthusiastically does some task I have requested.
- B. I feel loved when I am told how much I am appreciated.

30.

- A. I need to be touched every day.
- B. I need words of affirmation daily.

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#	1: Words of Affirmation	2: Quality Time	3: Receiving Gifts	4: Acts of Service	5: Physical Touch
1	A				B
2		A		B	
3		B	A		
4				A	B
5			B		A
6		A			B
7	B		A		
8	B				A
9		A	B		
10	A			B	
11	B	A			
12				A	B
13	A		B		
14		A			B
15	A			B	
16		B			A
17			B	A	
18	A	B			
19				B	A
20			B	A	
21		A		B	
22	B		A		
23			A	B	
24		A	B		
25		B		A	
26			B		A
27	A	B			
28			A		B
29	B			A	
30	B				A
Totals					